# {Toby and Tutter}



Therapy Dogs

# GRADE 1 LESSON HELPING OTHERS

Estimated time: 25 minutes

# **KEY CONCEPTS/BIG IDEAS:**

- Toby and Tutter help children improve their skills.
- They are therapy dogs. Have you ever seen a therapy dog working?
- What did you notice?
- What other helpers do you know?
- How can you help others?
- How I Help anchor chart

### ELA Standard Lesson 4 CCSS.ELA-LITERACY.RI.1.1 http://www.corestandards.org/ELA-Literacy/RI/1/1/

Ask and answer questions about key details in a text.

# **Objectives**

After reading the book, students will discuss how Toby and Tutter help others with a partner, as assessed by participation. Students will contribute to a discussion about helping others as assessed by participation. Students will write and illustrate three ways they can help others as assessed by completion of task.

# **Materials**

- Toby and Tutter book
- Toby and Tutter at work photo
- Chart paper and marker or interactive whiteboard
- copy paper or drawing paper, crayons, pencils, markers

# Hook

Teacher shows students pictures of Toby and Tutter in their human mom's therapy room.

Teacher: "Toby and Tutter help children meet their goals. Some children need help learning to walk, or learning to hold things, for example. Toby and Tutter are therapy dogs. How do you think they help children?" Provide wait time. Field student responses.

If allowed, Teacher can show this 2:52 minute video from the Good Dog Foundation about how dogs can help humans heal: <a href="https://youtu.be/0vul70E0pBM">https://youtu.be/0vul70E0pBM</a>

### Activity Large Group: Discussion.

Teacher: "So Toby and Tutter are dogs who help people. Who are some people you know who are helpers?" Provide wait time. Field student responses. Teacher writes student responses on chart paper or interactive whiteboard. Examples include: teachers, nurses, doctors, therapists, occupational therapists like Toby and Tutter's mom, fire fighters, EMTs, garbage collectors, mail carriers, and more. Students can help illustrate the list at a later time, if teacher desires. {Toby and Tutter}

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### Independent or Small Group:

Students will write and illustrate three ways they help others. Examples: helping parent wash dishes; helping teacher stack the chairs at the day's end; helping clean up toys after play time; helping a friend tie her shoes, etc.

# **Closing/Evaluation:**

Teacher invites students back to large group meeting area. Students share their illustrations and describe how they are helpers! Drawings can be made into a class book to keep in classroom library, if teacher wishes.

### **Evaluation:**

Did student contribute to class discussions, identifying ways Toby and Tutter help others, as assessed by participation? Yes or No Did student complete three illustrations with written explanations? Yes or No

# Modifications/Accommodations:

Teachers could work in small groups or 1:1 with students who need extra support writing words for the written portion of this lesson

# **Homeschool Modifications:**

This lesson presents a wonderful opportunity for homeschoolers-to get out in their community and learn about therapy dogs and other helpers in person! Contact an organization, below, and go visit a therapy dog; help arrange a therapy dog visit to a local library; visit a local fire station; plan a family/homeschool community service project to help others.

# **Extension Suggestion:**

This would be the perfect lesson to bring a therapy dog to school for a visit. Many libraries utilize therapy dogs on occasion, and could be a resource for finding someone able to bring a therapy dog for a visit!

The Good Dog Foundation is an excellent resource. http://thegooddogfoundation.org/

The Alliance of Therapy Dogs is another great resource. https://www.therapydogs.com/

Additional resources: Petpartners.org www.petpartners.org Therapy Dogs International www.tdi-dog.org The American Occupational Therapy Association, Inc. https://www.aota.org

# APPENDIX (PHOTOS)





